

Kitchen Copy

Saintfield Central Kitchen Menu

**school
food**

try something new today
www.schoolfoodni.com

**Bread, fruit,
yoghurt, milk and
water
are available daily.**

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Pasta Bolognese Tossed Salad	Irish Stew Wheaten Bread	Oven Baked Sausages Baked Beans Mashed Potatoes	Roast Chicken, stuffing Gravy Carrot Batons Roast & Mashed Potatoes	Salmon Fish Cakes Peas/Sweetcorn Chips/Baked Potatoes
W/C: 30/11/20					
W/C: 28/12/20					
W/C: 26/01/21					
W/C: 22/02/21					
W/C: 22/03/21	Frozen Strawberry Mousse Fresh Fruit	Fruit Sponge & Custard Fresh Fruit	Chocolate Muffin Fresh Fruit	Flakemeal Biscuit Fresh Fruit	Ice Cream Tub Fresh Fruit
Week Two	Chicken Curry & Rice Naan Bread	Savoury Minced Beef Diced Carrots Mashed Potatoes	Oven Baked Sausages Baked Beans Mashed Potatoes	Roast Gammon, Gravy Shredded Cabbage Roast & Mashed Potatoes	Cod Fish Fingers Peas/Salad Chips/Baked Potatoes
W/C: 09/11/20					
W/C: 07/12/20					
W/C: 04/01/21					
W/C: 01/02/21					
W/C: 01/03/21	Frozen Fruit Mousse Fresh Fruit	Chocolate Sponge & Custard Fresh Fruit	Jelly Fresh Fruit	Flakemeal Biscuit Fresh Fruit	Ice Cream Tub Fresh Fruit
W/C: 29/03/21					
Week Three	Breaded Fish Baked Beans Chips	Pizza Peas/Salad Diced Potatoes/Baked Potato	Chicken Curry & Rice Naan Bread	Roast Chicken Gravy, Stuffing Broccoli Roast & Mashed Potatoes	Home made Chicken & Vegetable soup Hot Dog
W/C: 16/11/20					
W/C: 14/12/20					
W/C: 11/01/21					
W/C: 08/02/21					
W/C: 08/03/21	Ice Cream Roll Fresh Fruit	Cookie Fresh Fruit	Yoghurt Fresh Fruit	Frozen Fruit Mousse Fresh Fruit	Flakemeal Biscuit Fresh Fruit
Week Four	Oven Baked Chicken Nuggets Sweetcorn/Salad	Breaded Fish Baked Beans Mashed Potatoes	Pasta Bolognese Salad	Roast Turkey Gravy, Stuffing Baton Carrots Roast & Mashed Potatoes	Pizza Sweetcorn/Salad Diced Potatoes/Baked Potatoe
W/C: 23/11/20					
W/C: 21/12/20					
W/C: 18/01/21					
W/C: 15/02/21	Ice Cream Tub Fresh Fruit	Yoghurt Fresh Fruit	Flakemeal Biscuit Fresh Fruit	Fairy Cake Fresh Fruit	Cookie Fresh Fruit
W/C: 15/03/21					

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